



## **Candied Turkey Bacon**

### Ingredients

Turkey bacon 4 strips

Grade B maple syrup 1/8 cup

Finely ground black pepper 1/8 tsp

### Directions

1. Preheat oven to 400 degrees F.
2. Pour the maple syrup over the turkey bacon, and bake for 15 minutes.
3. Turn the turkey bacon over and baste with the syrup. Bake for an additional 5-10 minutes, or until it has reached a desired level of crispiness.
4. Remove the turkey bacon from the pan and sprinkle with some of the black pepper. Serve with the protein pancakes.

### Nutrition Facts

Serving size: 2 strips

Recipe yields 2 servings

Calories 175

Fat 9 g

Carbs 15 g

Protein 10 g