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Banana-Walnut French Toast

Ingredients:

4 pieces Ezekial bread
1/3 cup liquid egg whites
1 egg
Splash of almond milk
1/2 tbsp sugar-free hazelnut syrup
1/2 tsp vanilla extract
Cinnamon and Stevia, to taste
1 banana
8 walnut halves

Directions:

1. Whisk together egg whites, egg, almond milk, vanilla, hazelnut, cinnamon, and Stevia.
2. Coat each slice of bread in mixture.
3. Fry in a sprayed, heated pan 2 minutes each side, or until golden brown.
4. Top slices with sliced banana, walnut halves, and your favorite sugar-free syrup.