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Courtesy of Janelle McGuire
Protein Brownies

Ingredients:

1 scoop Muscle Milk Naturals Real Chocolate
1/2 scoop Muscle Milk Complete Whey Cocoa Bean
1 mounded tablespoon chunky natural peanut butter
Dash of baking powder, water

Directions:

1. Combine all ingredients in a microwave safe bowl.
2. Stir in small amounts of water until you reach a brownie-batter consistency.
3. Microwave for one minute, check and stir, then microwave again for 30 seconds to 1 minute. Microwaves vary, so be careful not to over-cook. You want a brownie texture—soft and gooey!