

## **Vanilla Cinnamon Roll Protein Overnight Oats**

Prep time: 10 min. Cook time: 0 min.

Serving size: 1 container

Makes 1 serving

## **Ingredients**

1/4 cup old-fashioned oats

1/4 cup Swolverine Clean Carbs

1/4 cup plain Greek yogurt

1 scoop Swolverine Vanilla Whey

1/2 cup unsweetened vanilla almond milk

1 tbsp water

1 tsp cinnamon

## **Directions**

- 1. Combine all the ingredients in a jar or container.
- 2. Cover tightly and refrigerate overnight or for at least 4 hours.
- 3. Add any desired toppings and enjoy cold or hot.