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Fruit Salad Cottage Cheese Breakfast Tacos

Slathered with zesty cottage cheese and piled high with fruit salad, these sweet tacos will have you jumping out of bed in the morning. Add a sprinkling of granola for some crunch. These tacos can also serve as a healthy dessert or even a post-workout treat. The cottage cheese mixture and fruit salad can be made a few days in advance and chilled.

Prep Time: 10 min. Cook Time: 0 min.

Ingredients

1-1/4 cups cottage cheese

1 tbsp honey

2 tsp orange zest

1 tsp vanilla extract

1 cup blueberries

1 cup halved strawberries

2 whole chopped kiwis

1 large sliced banana

4 6-inch whole-wheat tortillas

1 cup granola (optional)

Directions

- 1. In a bowl, stir together cottage cheese, honey, orange zest, and vanilla.
- 2. In a separate bowl, toss together blueberries, strawberries, kiwis, and banana.
- 3. Spread portion of cottage cheese mixture on a tortilla.
- 4. Top with fruit salad and granola.

Serving Size: 1/4 recipe Recipe yields: 4 servings