

Simple Deviled Eggs

If you're looking for a healthy hors d'oeuvre to spice up your next gathering, look no further than these deviled eggs. The best part? You can prep them the day before so you can spend the day focusing on your guests instead of working in the kitchen.

Ingredients:

Eggs 3 Mayo 2 tbsp Dijon mustard 2 tbsp Rice wine vinegar 1 tsp Paprika 1 tsp Cumin 1 tsp Parsley for garnish

Directions:

1. Boil eggs and cut them in half. Separate the whites from the yolks.

2. Using a cheese grater, grate the yolks.

3. Add mayo, mustard, paprika, cumin, and rice wine vinegar to a bowl. Mix. Add to grated egg yolks.

- 4. Spoon filling into the egg whites.
- 5. Top with parsley and paprika.

Nutrition Facts: Serving size: 1 egg Recipe yields: 3 servings Calories: 151 Fat: 12 g Carbs: 2 g Protein: 6 g