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## **Blueberry Coconut Oatmeal**

### **Ingredients:**

1 banana  
1/3 cup dry oats  
2 tsp. Splenda brown sugar blend  
Sprinkle of cinnamon  
1/4 cup fresh blueberries  
1/8 cup dried blueberries  
1/2 scoop vanilla protein powder  
1/8 cup milk  
2 tbsp. unsweetened coconut flakes

### **Directions:**

1. Mash up the banana, and then add oats, brown sugar, cinnamon, blueberries, and coconut flakes.
2. Stir in milk, adding slowly while stirring and add protein powder; stir one more time.
3. Serve immediately.