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White Chocolate Raspberry Protein Pancakes

Ingredients Pancakes:

Whole-wheat flour, 1/2 cup (60 g)
MusclePharm combat Powder, Vanilla, 1 scoop (34g)
Granulated Stevia or erythritol, 1 tbsp
Baking powder, 1 tsp
Milk, 1/2 cup
Egg, 1
Natural applesauce, 1/4 cup (56 g)
Pumpkin puree, 1/4 cup (61 g)
Frozen raspberries, 1/4 cup (35g)
Vanilla extract, 1/4 tsp. (optional)

Toppings:

Frozen raspberries, 1/4 cup (35 g)
Maple syrup, 2 tbsp
White chocolate coconut butter, 1 tbsp (16 g)
Melted white chocolate, 1 tbsp (14 g)
MusclePharm White Chocolate Raspberry Combat Bar, 1/2 bar

Directions:

1. Preheat pan or griddle to medium-high heat. In a bowl, mix together flour, protein powder, Stevia, and baking powder. In a separate bowl, mix together egg, milk, applesauce, pumpkin, and vanilla extract.
2. Combine wet and dry ingredients and gently mix together until combined. Fold in 1/4 cup frozen raspberries. Spoon batter onto griddle to make four medium-sized pancakes.
3. Cook for about 3-4 minutes per side.
4. Heat 1/4 cup raspberries in microwave for 30 seconds. Add 2 tablespoons of syrup and mash together. Top pancakes with raspberry sauce, white chocolate coconut butter, and melted white chocolate.
5. Cut protein bar into small pieces, use to top the pancakes, and enjoy!