



## Chocolate Chip Cookie Dough Protein Bars

Courtesy of Proteinpow.com

### Ingredients

- 1/4 cup vanilla whey protein powder
- 2 tbsp peanut butter (32 g)
- 1 tsp agave syrup or honey (5 g)
- 2 tsp water
- 1 square chopped dark chocolate (10 g)
- 1/2 tbsp coconut flour



### Directions

1. Using a spatula, mix all of the above ingredients together except for the water.
2. Add the water, one teaspoon at a time, until you get a doughy mix. Shape that into four small rectangles. If your batter is too sticky, add a bit more coconut flour. If it's too dry, add water.
3. Once you've shaped your bars, leave them to set in the fridge for a couple of hours. Enjoy your no-bake success!

### Nutrition Facts

Serving size: 1 bar

Recipe yields 4 small bars

Calories 104

Total Fat 6 g

Total Carbs 4 g

Protein 9 g